

痰液採集方法

Sputum collection

- 1.使用無菌痰盒（門診檢驗室免費提供）送檢，並在容器上註明姓名和病歷號。
Sputum shall be collected with sterile box (available free at OPD Lab), label with names and history number of the patient on the box.
- 2.痰液的培養最好取清晨第一口痰（深部咳出的痰不是唾液）。
It is best to collect the first spit of sputum in the early morning (Sputum is from deep cough not salivary fluid).
- 3.咳痰前，應先漱口後再留痰液標本。
Be sure to gargle prior to collecting the sputum sample.
- 4.將痰咳於無菌痰盒裡，將蓋子確實旋緊密封，避免感染他人。
Spit the sputum sample into the sterile box; tightly close the cap of the container to avoid contamination.
- 5.檢體切勿污染容器外面或檢驗單，以免疾病之傳染。
Avoid contamination outside the container box, or on the request examination sheet to prevent any contagion.
- 6.收集後請立刻送檢，若無法立刻送檢時，請將痰液放置於2~8°C之冰箱中（不可超過12小時）。
Deliver the box to the laboratory for testing ASAP, if not, make sure to keep the sample in the refrigerator at a temperature of 2~8 °C (do not beyond 12 hours).

*若有任何疑問，請電話詢問檢驗科

For any questions, please call Clinical laboratory for inquiry

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